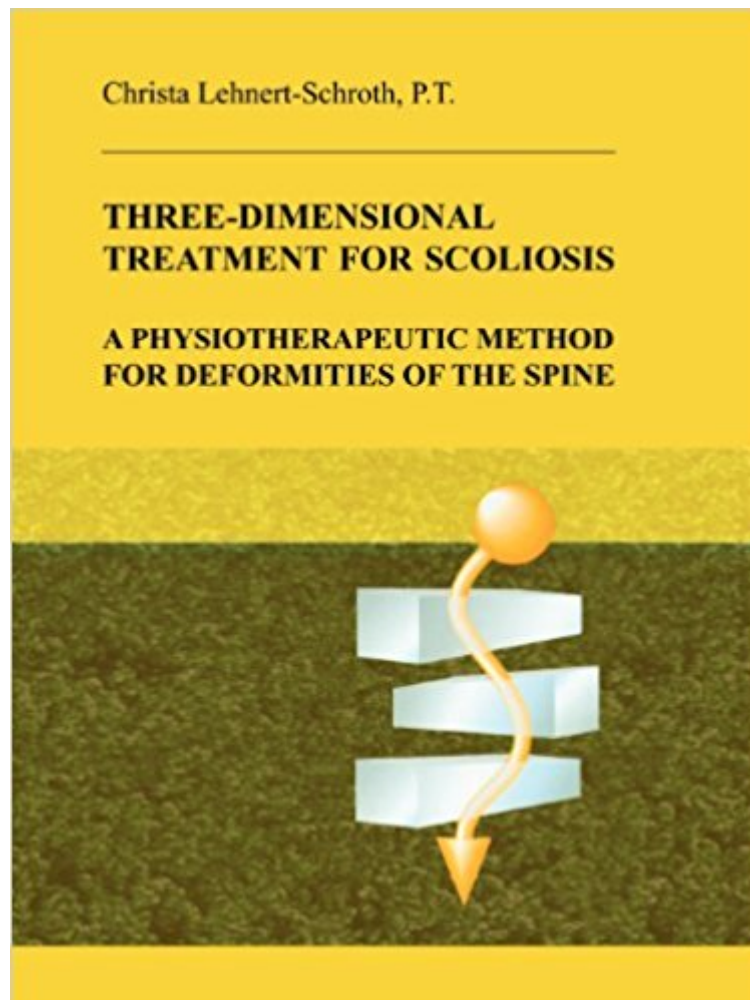




The book was found

Three-Dimensional Treatment For Scoliosis: A Physiotherapeutic Method For Deformities Of The Spine



Synopsis

Three-dimensional scoliosis therapy has for decades played an established role in the conservative management of mild and even of severe scoliosis. As well as describing every aspect of the pathologically curved, deformed spine, this textbook incorporates an extensive programme of exercises that can be tailored specifically to the needs of the individual patient. As outlined in Three-Dimensional Scoliosis Therapy: The Schroth Breathing Orthopaedic System, correction of the spinal deformity is based on a special breathing technique and active muscle stretching, as well as on elongation, detorsion and reduction of lordosis. The provision of psychological support for the patient is also emphasised as a key element. Christa Lehnert-Schroth born 1924 in Meissen She worked as a physiotherapist for about 50 years with scoliosis patients and further developed her mother's breathing orthopaedic technique with great success. Between 1961 and 1995 Christa Lehnert-Schroth - always surrounded by physicians - was director of the private Katharina-Schroth-Klinik in Bad Sobernheim/Germany. In many lectures, articles, seminars and films for physiotherapists and medical doctors in addition to recorded discs for patient's training at home she illustrated her mother's special method for scoliosis assuring well being of many patients and in honor her mother's legacy.

Book Information

Paperback: 292 pages

Publisher: The Martindale Press; 1st English edition (November 2007)

Language: English

ISBN-10: 0914959026

ISBN-13: 978-0914959021

Product Dimensions: 8.3 x 0.6 x 11 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 41 customer reviews

Best Sellers Rank: #62,237 in Books (See Top 100 in Books) #48 in Books > Textbooks >

Medicine & Health Sciences > Medicine > Clinical > Diseases #122 in Books > Textbooks >

Medicine & Health Sciences > Allied Health Services > Physical Therapy #143 in Books >

Medical Books > Allied Health Professions > Physical Therapy

Customer Reviews

A must for anyone concerned about scoliosis. Schroth method is making a big difference with our daughter's scoliosis, and is not only preventing it from getting worse but is improving it.

I have progressive ideopathic scoliosis that had been treated with Harrington fixation along 12 vertebra. It is worsening but the exercizes in this book have provided some reversal and less pain.

Great book on Scoliosis, classic original research as Schroth was groundbreaking for Scoliosis research and care. Not an easy read, but with dedication it has helped me to form my patient care.

As my family MD said when he flipped through it, "Well, here's a lifetime of work." Not for the technically challenged reader; in short, be prepared for a steep learning curve if you know nothing about physiotherapy.

There is a lot of information about scoliosis in this book. There are many pictures which is a definite help. The format of the book is complicated but this is a complicated subject and the original text was in German.

I have incorporated some of her techniques and a lot of her philosophy into my Rolfing practice with very good results. It relies on a lot of client participation but so does anything that renders lasting results in the "somato-everying" structure. The pictures alone are worth the money.

Very informative with excellent illustrations showing how the exercises can be performed. Plenty of well written information on every aspect of scoliosis.

LOVE schroth PT. The book has great information however it helps to have a background in anatomy and physiology.

[Download to continue reading...](#)

Three-Dimensional Treatment for Scoliosis: A Physiotherapeutic Method for Deformities of the Spine
Scoliosis Prevention and Treatment: The Ultimate Guide to Health, Fitness, Dieting, Recovery and Growth: osteopathy, alternative medicine, yoga, contemporary ... Back Pain, Pain Relief, Pain Management,) The Aging Spine: Disorders of the Lumbar Spine The Value of Escharotics
Medicines Which Will Destroy Any Living or Fungus Tissue in the Treatment of Cancer, Lupus, Sarcoma or Any Other Forms of Malignancy (Spine Title: Cancer: its Proper Treatment At Dr. Nichols Cancer Sanatorim by Escharotic... Yoga and Scoliosis: A Journey to Health and Healing
Harry Scores a Hat Trick With Pawns, Pucks, and Scoliosis Principles and Management of Pediatric

Foot and Ankle Deformities and Malformations Ilizarov Technique for Complex Foot and Ankle Deformities Chest Wall Deformities and Corrective Procedures Dentofacial Deformities: Integrated Orthodontic and Surgical Correction (Volume IV) Dentofacial Deformities: Integrated Orthodontic and Surgical Correction, Volume III The Art of Drawing Optical Illusions: How to draw mind-bending illusions and three-dimensional trick art in graphite and colored pencil The Art of 3D Drawing: An illustrated and photographic guide to creating art with three-dimensional realism Shaping Space: The Dynamics of Three-Dimensional Design Grid Systems in Graphic Design: A Visual Communication Manual for Graphic Designers, Typographers and Three Dimensional Designers (German and English Edition) Create Three Dimensional Jewelry: Combine Stitching, Embellishing, Layering, and Riveting A Three-Dimensional Victorian Doll House A Three Dimensional Approach To Forex Trading Easy, Elegant Punchneedle: Stunning Accessories and Three-Dimensional Miniatures Prodded Hooking for a Three-Dimensional Effect

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)